

# "Being Myself with You" Pattern

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This pattern was released as part of the 2018 "My Happy Place" Row-Along. It is for a row that finishes at 9" x 30". Please read all the instructions before beginning. ¼" seams allowances are assumed throughout.



## Materials required:

2x 3.5" WOF strips of a light turquoise fabric  
2x 2.5" WOF strips of same light turquoise fabric  
2x 2.5" WOF strips of a dark turquoise fabric  
Coloured fabric scraps for appliqués  
Fusible adhesive for appliqués, parchment paper

## Construction of background panel:

I used Northcott Essence fabrics for the background panel. From light turquoise 3.5" fabric strips cut fifteen 3.5" squares. From both light and dark turquoise 2.5" fabric strips, cut thirty 2.5" squares each.

Step A: Place one dark turquoise 2.5" square right sides together with one light turquoise 2.5" square.

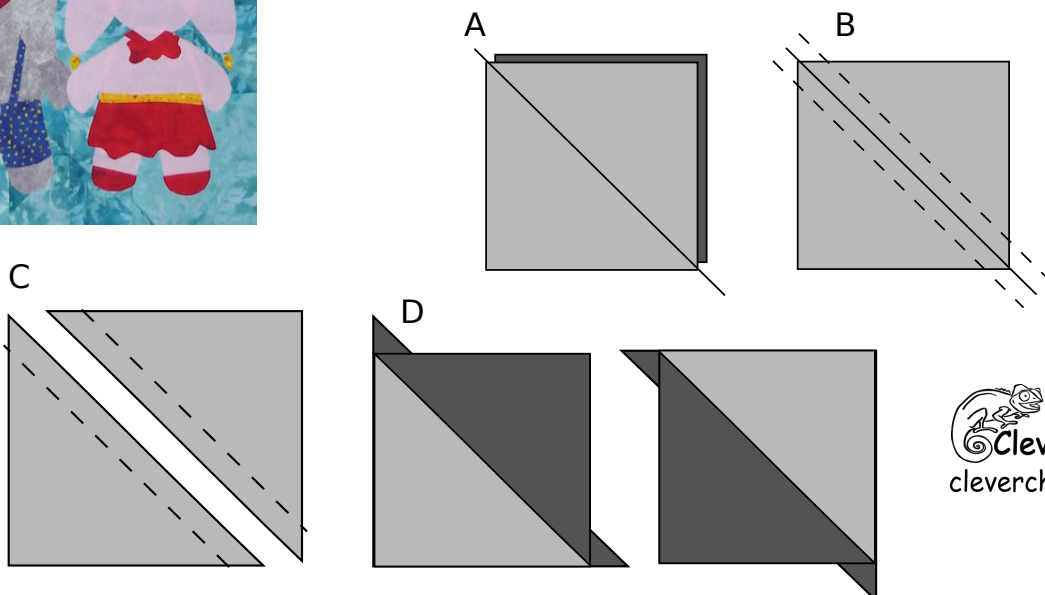
Mark a diagonal line between two opposing corners of the uppermost square.

Step B: Sew a ¼" seam either side of the marked line.

Step C: Cut apart the two sets of sewn triangles by cutting along the original marked line.

Step D: Press open both sets of sewn Half Square Triangles (HSTs).

Repeat thirty times to get 60 squares made of 2 HSTs each.



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## Background construction continued:

Step E: Trim the dog-ear corners from each HST block.

Arrange 4 HST squares into a pinwheel formation and sew into two half pinwheels units, then a whole pinwheel.

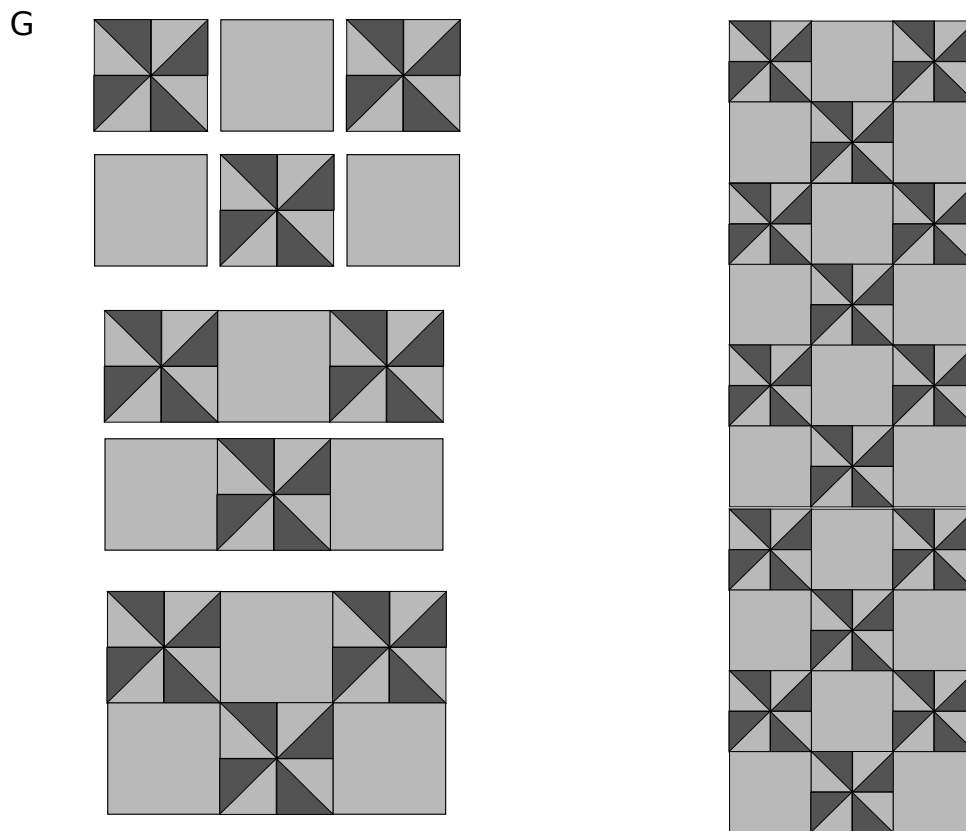
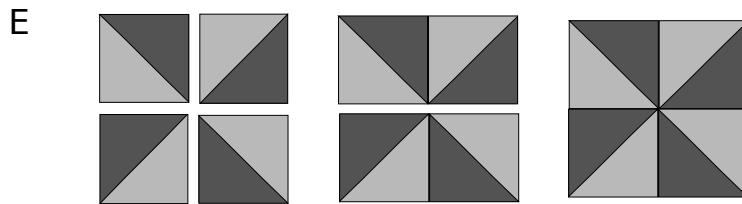
Repeat 15 times, making sure each pinwheel spins in the same direction.

Step F: Trim each pinwheel to 3.5" square, with the horizontal and vertical seams centred.

Step G: Arrange pinwheels alternating with light turquoise 3.5" squares into 10 rows of 3 blocks each.

Sew blocks into rows.

Sew rows into completed background of 3x10 blocks, finishing at 9.5"x30.5".



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## Instructions for appliqué:

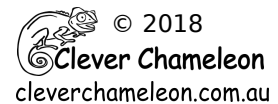
Trace each appliqué shape directly onto paper-backed fusible adhesive.  
Trace reverse shapes only where specifically instructed to do so.

Fuse traced shapes to fabric scraps according to the instructions provided by your fusible adhesive manufacturer.

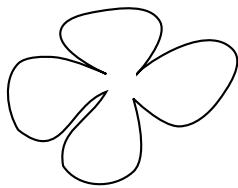
Build each animal appliqué motif in the order indicated onto parchment paper.  
Transfer the completed appliqué collages to the pinwheel patchwork background panel and fuse to adhere.

Secure the appliqués using your favourite appliqué method.

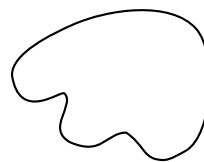
Note: Small appliqué details may be omitted and drawn onto the finished block with fabric marker or embroidered if preferred.



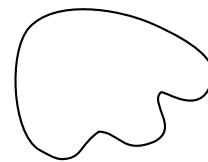
## Penguin Appliqué Shapes



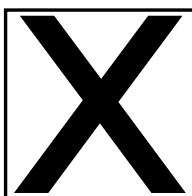
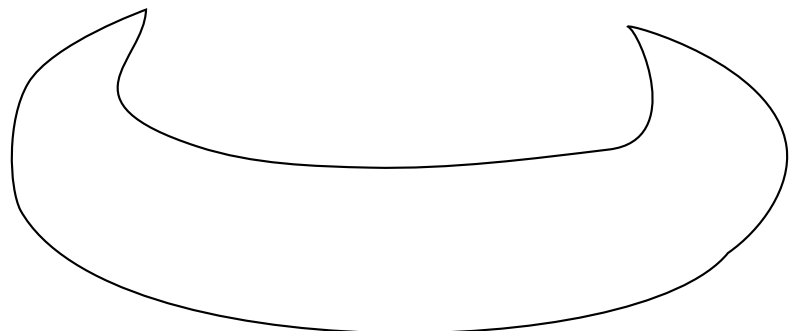
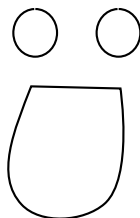
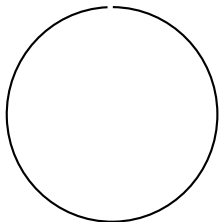
Flower  
Make 9



Feet  
Make 2 each



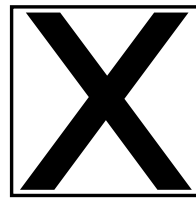
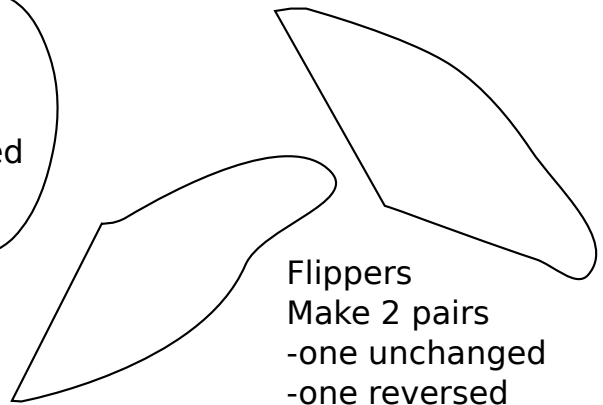
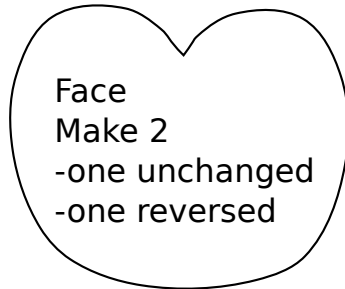
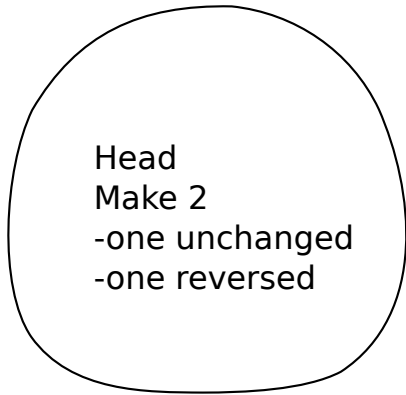
Duck Floaty Ring, Make one set



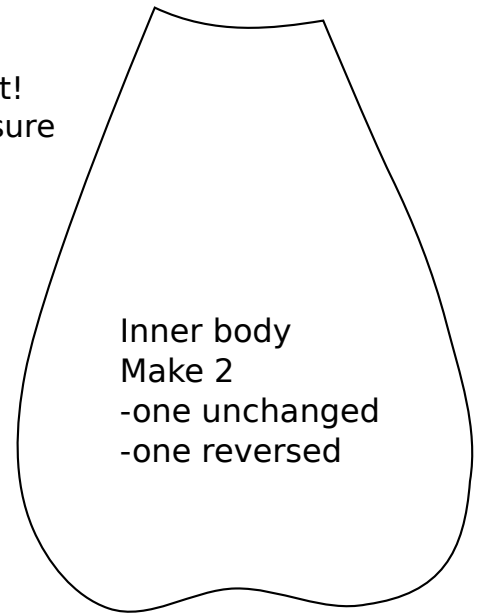
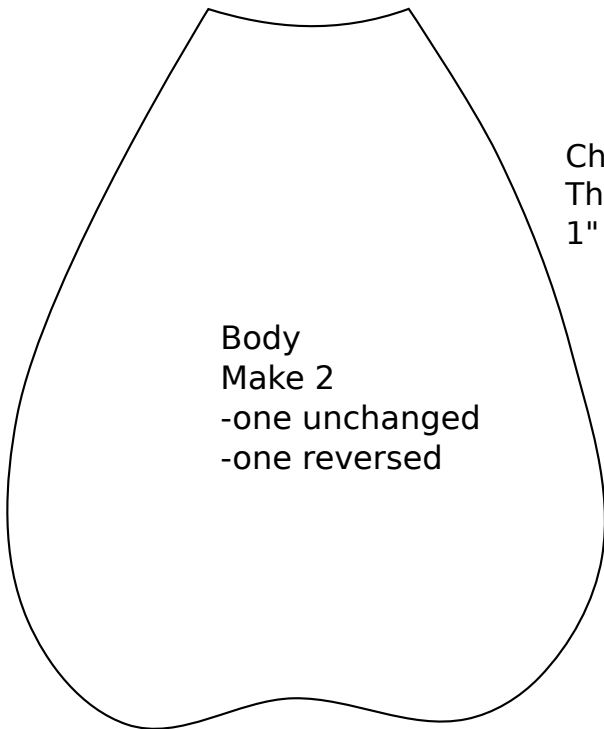
Check your print out!  
This box must measure 1" square  
or your appliqué will be the wrong size!!

# "Being Myself with You" Pattern

## Penguin Appliqué Shapes

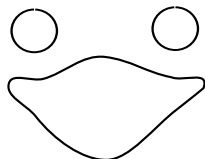


Check your print out!  
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1" square

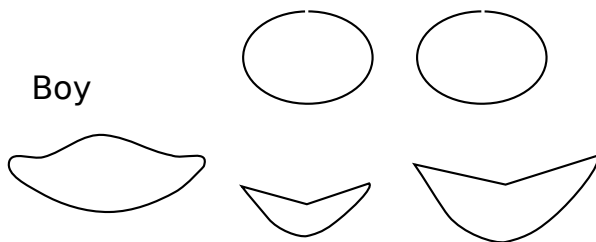


Facial Features, Make one set

Girl

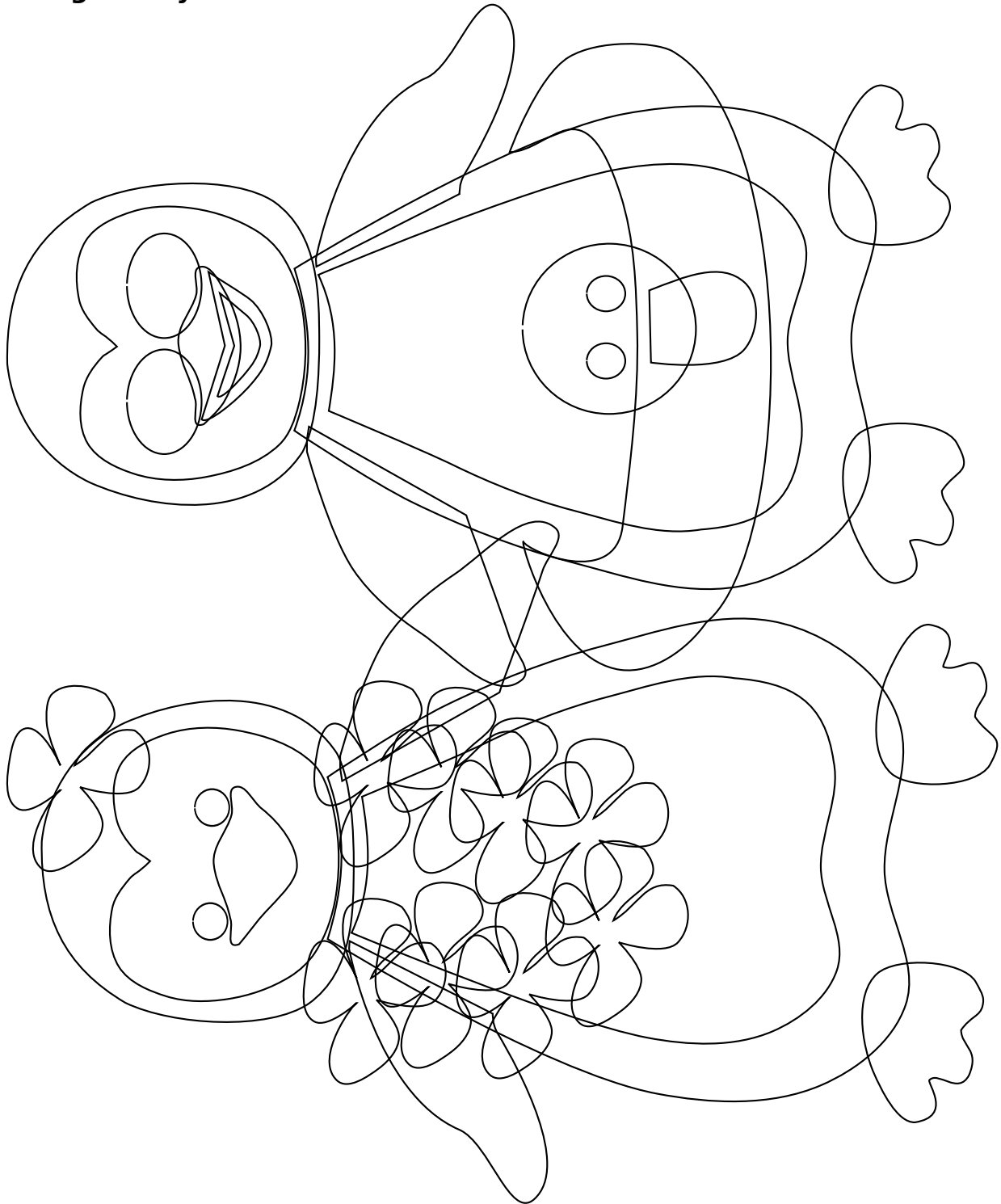


Boy



# "Being Myself with You" Pattern

## Penguin Layout Guide



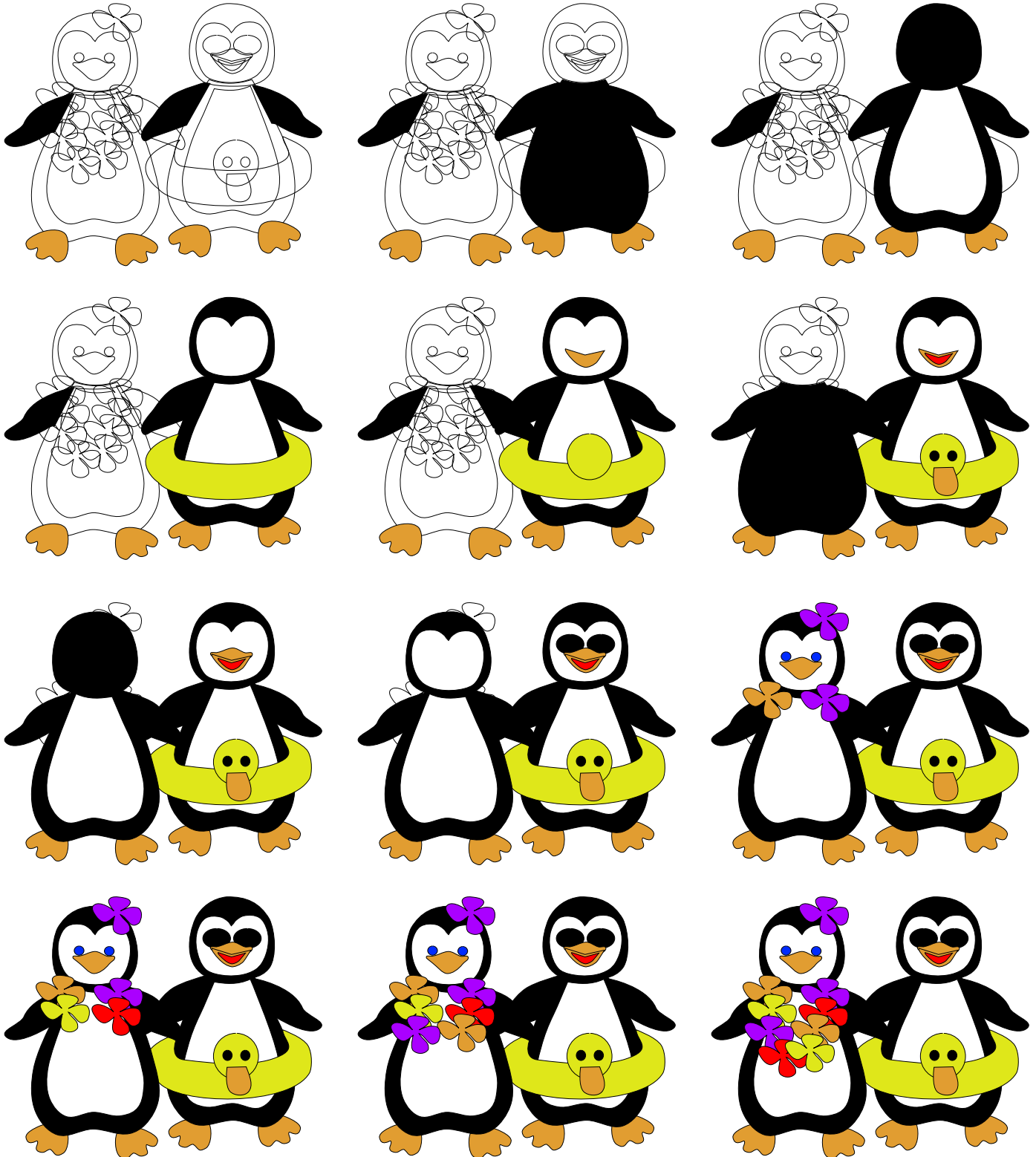
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# "Being Myself with You" Pattern

Instructions for appliqué:

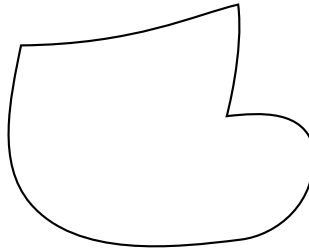
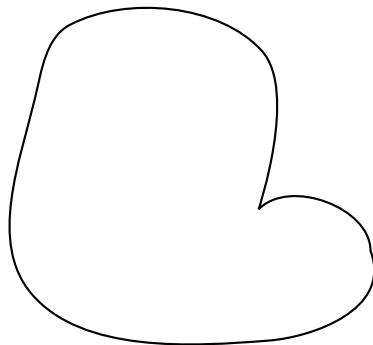
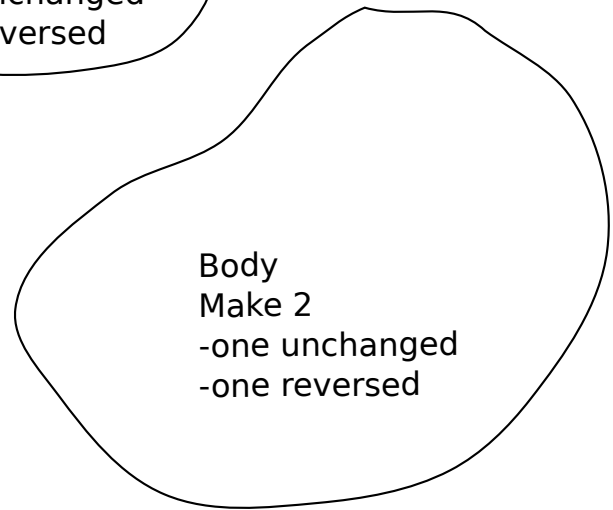
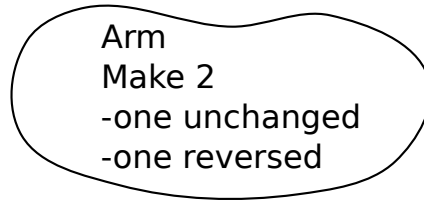
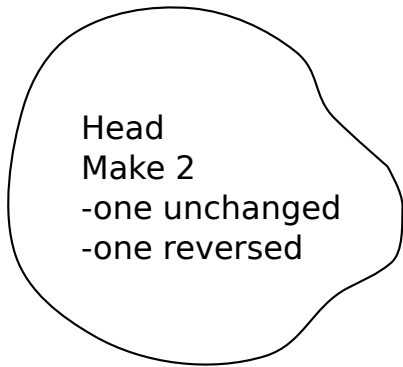
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Suggested build order



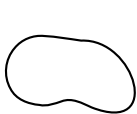
# "Being Myself with You" Pattern

## Panda Appliqué Shapes



Legs  
Make 2 pairs  
-one unchanged  
-one reversed

Common features: Eye patch, ear, nose, tail  
Make 2 sets one unchanged, one reversed



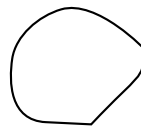
Eye



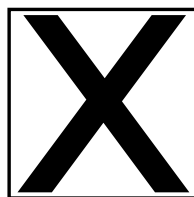
Ear



Nose



Tail



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# "Being Myself with You" Pattern

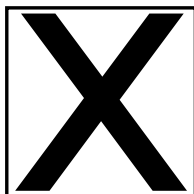
## Panda Appliqué Shapes

Make one set

Boy: second ear and bow tie




Girl: Bird costume

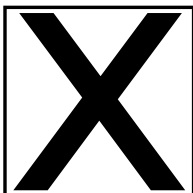
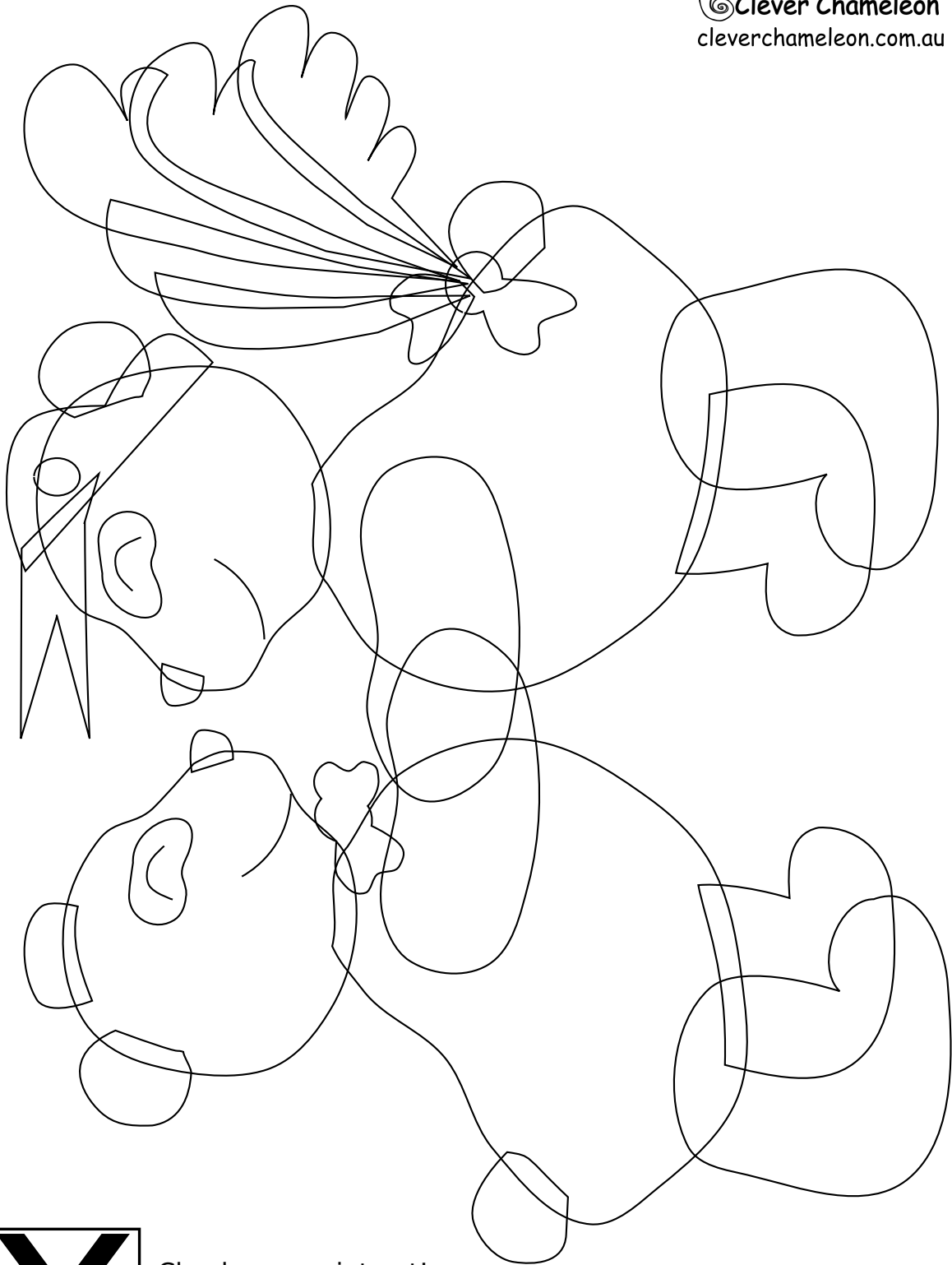




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## Panda Layout Guide

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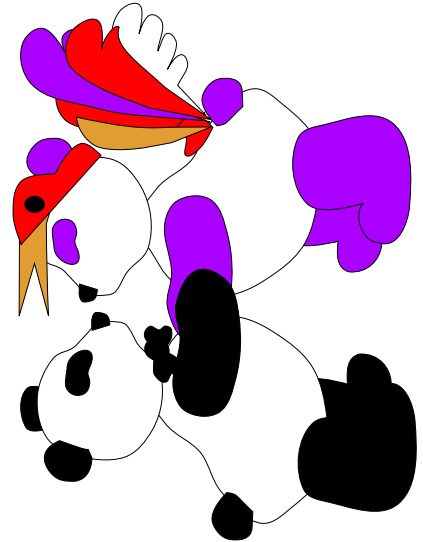
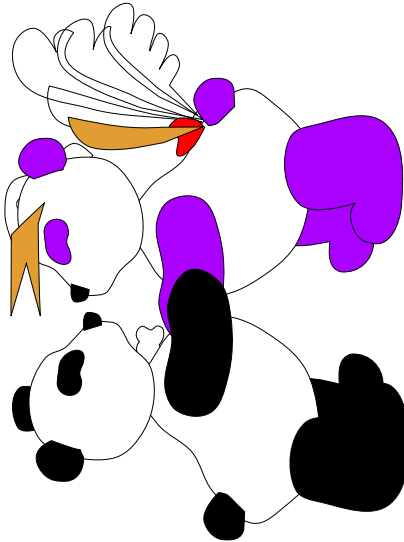
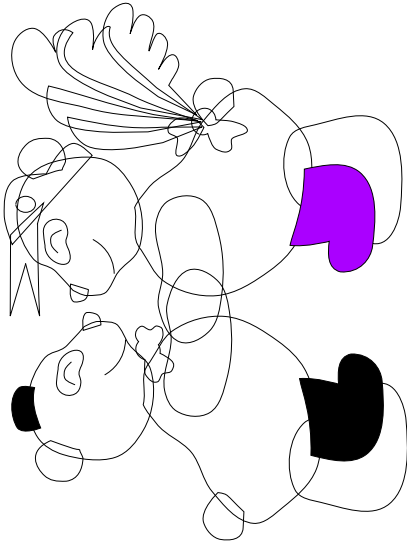
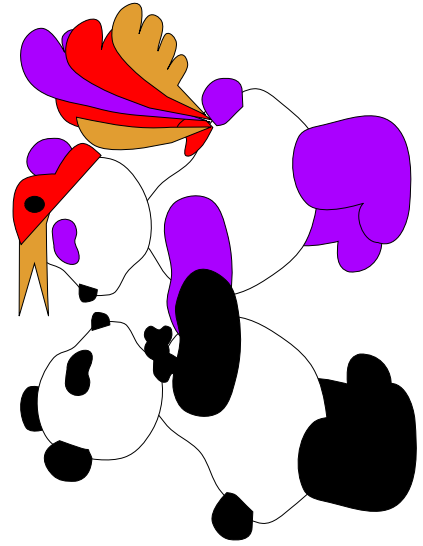
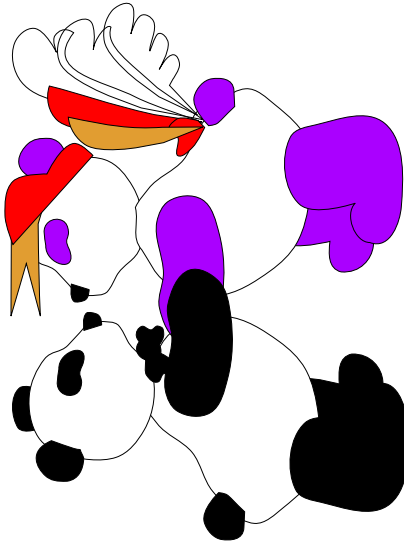
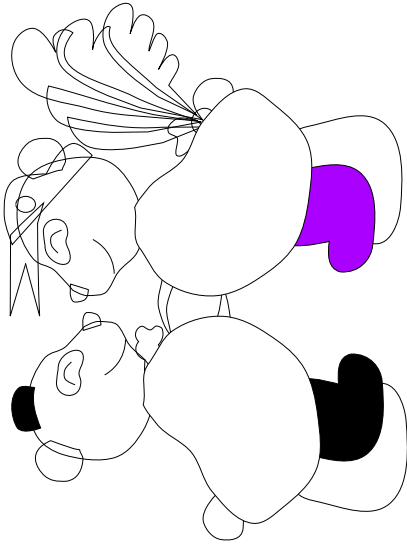
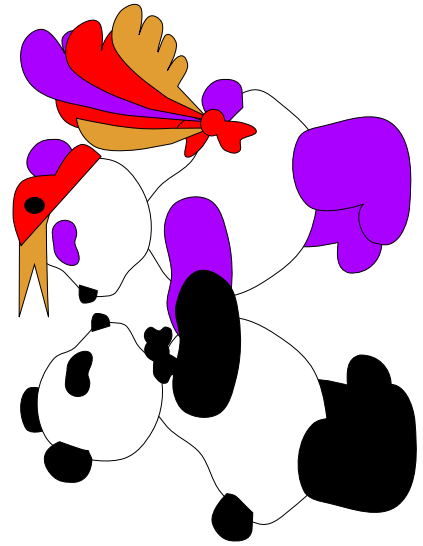
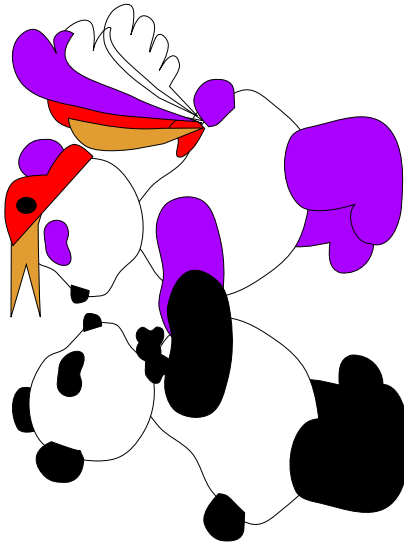
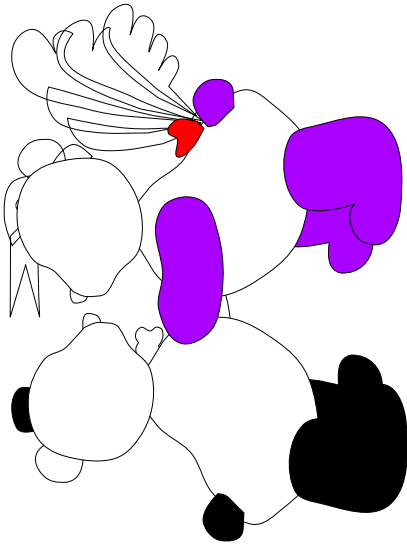


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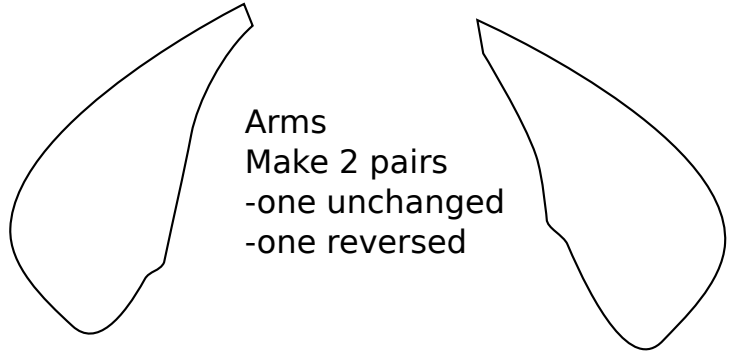
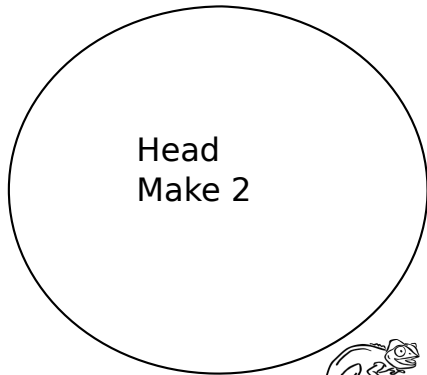
**Instructions for panda appliqué:  
Suggested build order**

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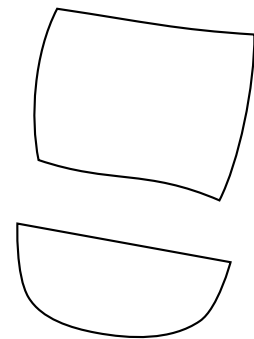
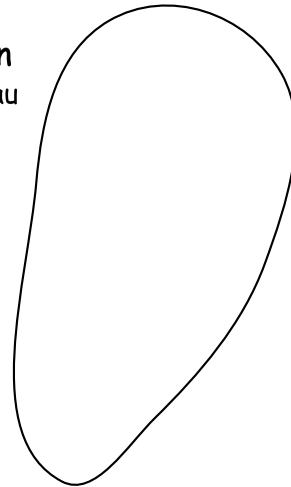
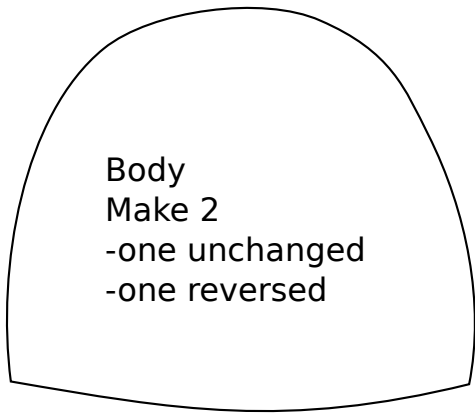


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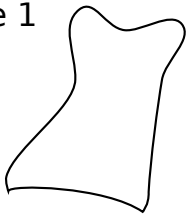
## Elephant Appliqué Shapes



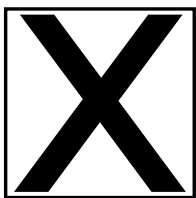
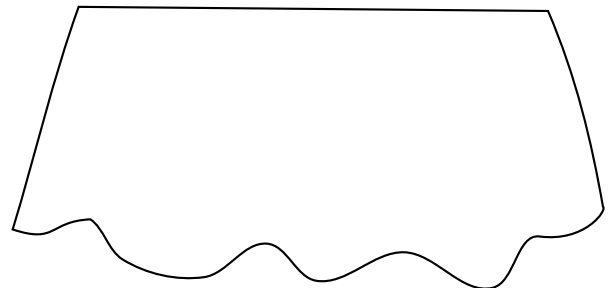
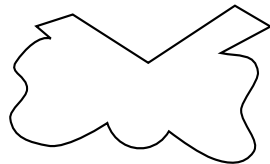
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Girl's trunk,  
Make 1

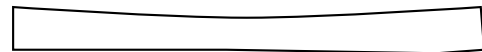
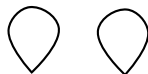


Girl's clothes  
Make 1 set



Check your print out!  
This box must measure  
1" square

Earrings

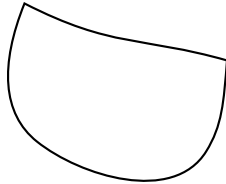


# "Being Myself with You" Pattern

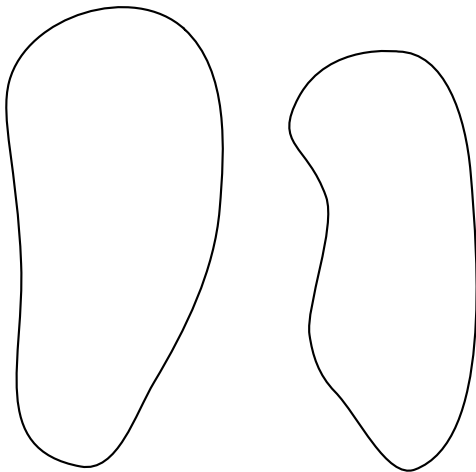
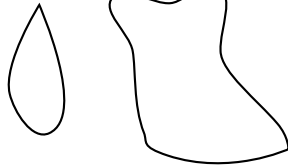
## Elephant Appliqué Shapes

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Boy's Leg  
Make 2  
-one unchanged  
-one reversed

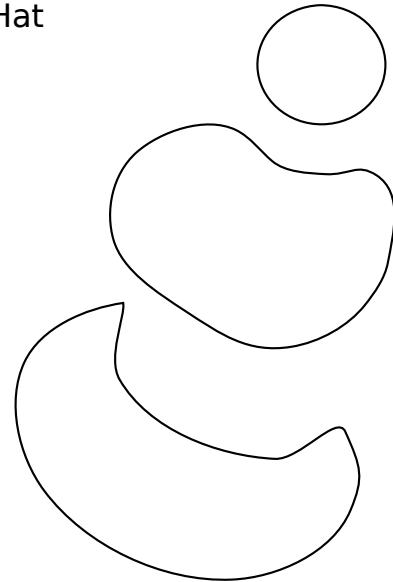


Boy trunk, tail, ears  
Make 1 set

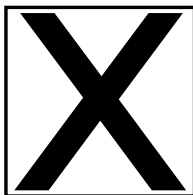
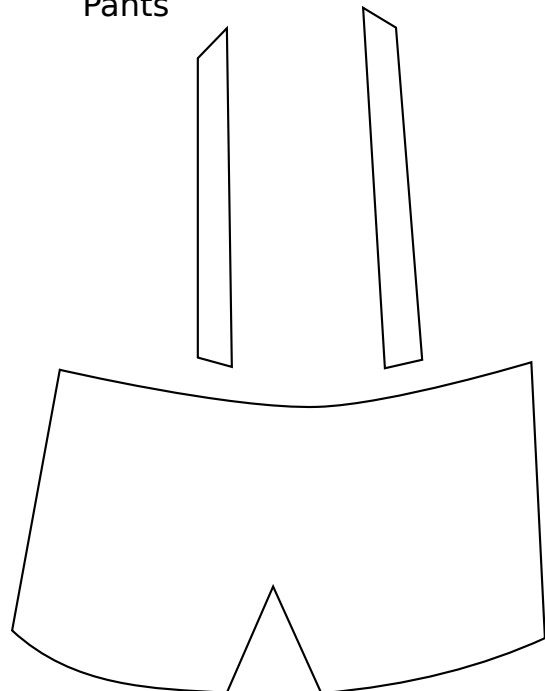


Boy's clothes  
Make 1 set

Hat



Pants

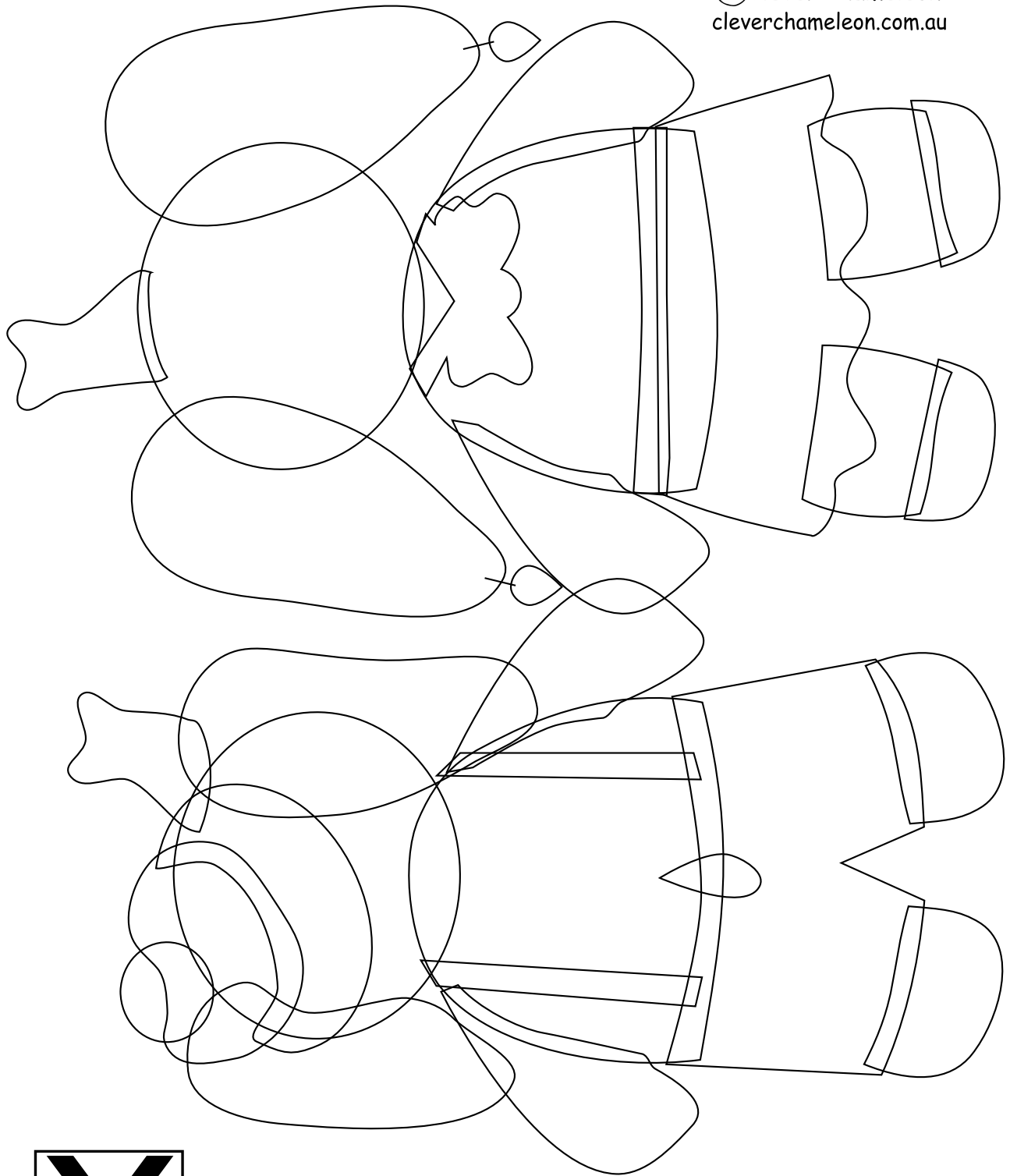


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## Elephant Layout Guide

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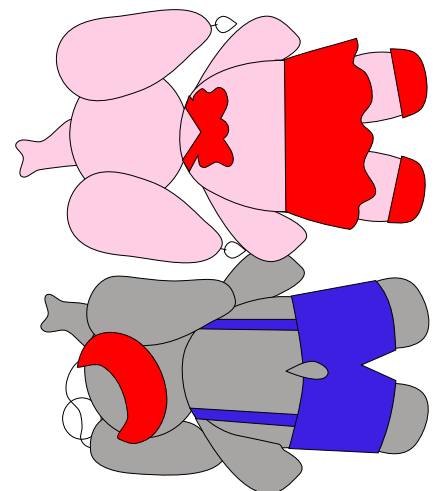
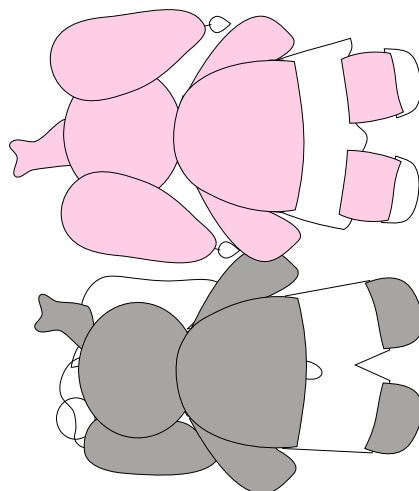
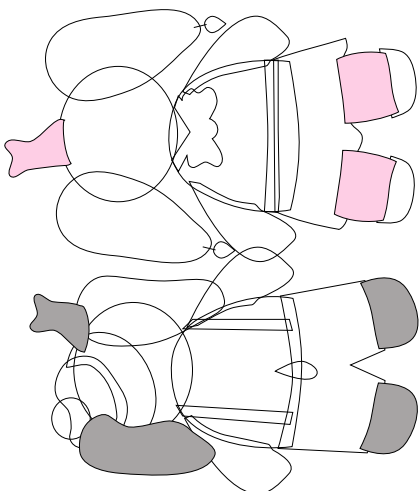
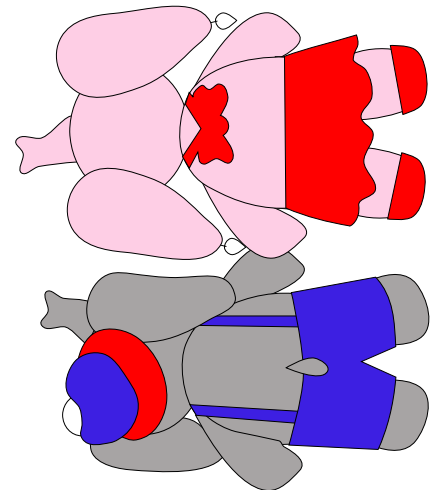
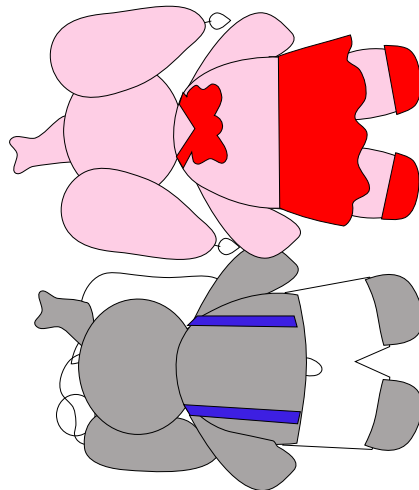
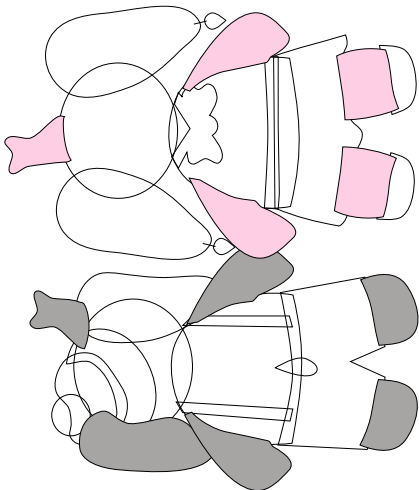
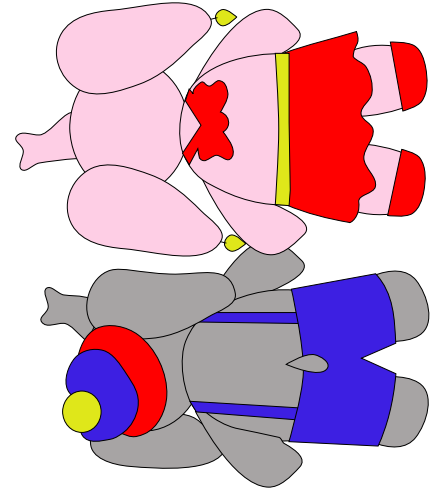
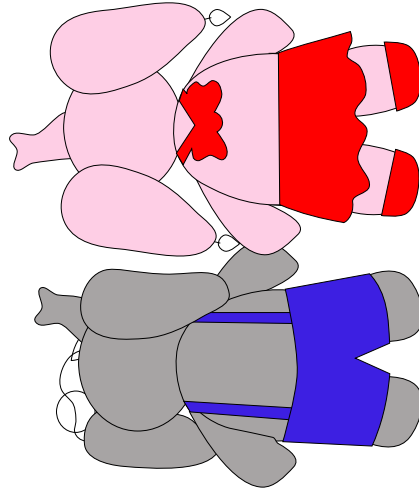
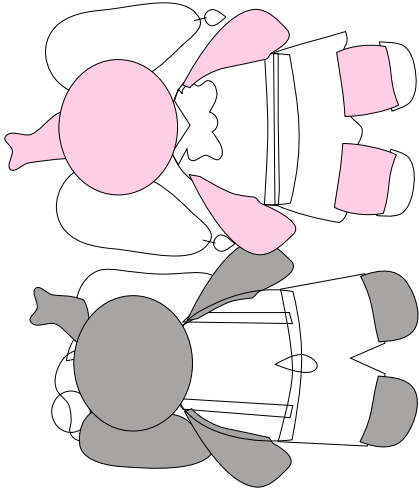
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# "Being Myself with You" Pattern

**Instructions for appliqué:**

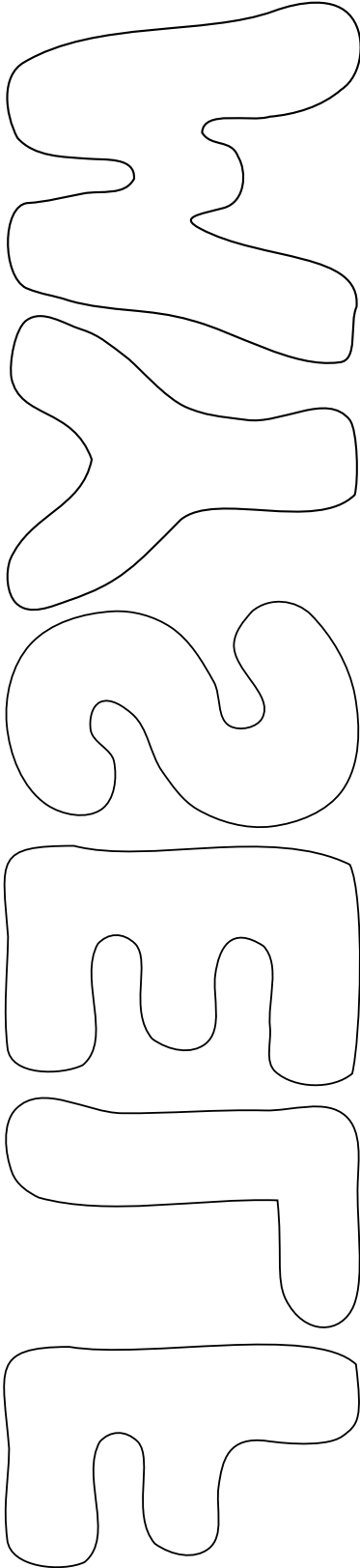
**Suggested build order**

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# "Being Myself with You" Pattern

Make 1 set



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